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FOODS
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4417106 Breaded Chicken Parmesan 4kg



Nutrition Facts Valeur nutritive

Serving size (150 g) / Portion (150 g)

Amount Teneur	% Daily value % valeur quotidienne
Calories / Calories 330	
Fat / Lipides 17 g	26%
Saturated / saturés 4 g	22%
+ Trans / trans 0.3 g	
Cholesterol / Cholestérol 35 mg	12%
Sodium / Sodium 730 mg	30%
Carbohydrate / Glucides 270 mg	8%
Fibre / Fibres 1 g	4%
Sugar / Sucres 5 g	
Protein / Protéines 17 g	
Vitamin A / Vitamine A	4%
Vitamin C / Vitamine C	0%
Calcium / Calcium	15%
Iron / Fer	10%

INGREDIENTS: CHICKEN BREAST MEAT, WATER, TOASTED WHEAT CRUMBS WITH SPICES, YELLOW CORN FLOUR, CORN STARCH, TOMATO SAUCE (WATER, CONCENTRATED CRUSHED TOMATOES, PARMESAN CHEESE, GLUCOSE/FRUCTOSE, ROMANO CHEESE, OLIVE OIL, CITRIC ACID, SALT, DRIED GARLIC, DRIED ONION, MODIFIED CORN STARCH, SPICES), WHEAT FLOUR, PART SKIM MOZZARELLA CHEESE (PARTLY SKIMMED MILK, MODIFIED MILK INGREDIENTS, BACTERIAL CULTURE, SALT, CALCIUM CHLORIDE, MICROBIAL ENZYME), SOY PROTEIN ISOLATE (WITH SOY LECITHIN), SALT, SPICES, GARLIC POWDER, ONION POWDER, DEXTROSE, GUAR GUM. BROWNED IN CANOLA OIL.

Cooking Instruction: Preheat oven to 180°C (350°F). Place cutlets in a single layer on a baking sheet and bake on middle oven rack for 30-35 minutes. Cook thoroughly to achieve a minimum internal temperature of 74°C (165°F).