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FOODS
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4307100 Breaded Whole Muscle Sandwich Style Chicken Breast 4kg



Nutrition Facts

Valeur nutritive

Serving Size (90 g) / Portion (80 g)

Amount Teneur	% Daily value % valeur quotidienne
Calories / Calories 160	
Fat / Lipides	7%
Saturated / saturés 0.5g	3%
+ Trans / trans 0.1g	
Cholesterol / Cholestérol	8%
Sodium / Sodium	17%
Carbohydrate / Glucides	6%
Fibre / Fibres 1g	4%
Sugar / Sucres 0g	
Protein / Protéines 14g	
Vitamin A / Vitamine A	0%
Vitamin C / Vitamine C	2%
Calcium / Calcium	2%
Iron / Fer	10%

INGREDIENTS: CHICKEN, WATER, SALT. IN A BATTER AND BREADING OF TOASTED WHEAT CRUMBS, WATER, WHEAT FLOUR, MODIFIED CORN STARCH, YELLOW CORN FLOUR, SALT, SPICES, DRIED YEAST, GARLIC POWDER, SUGAR, GUAR GUM, DEXTROSE. BROWNED IN CANOLA OIL.

COOKING INSTRUCTIONS: OVEN: PREHEAT OVEN TO 425°F (220°C) AND BAKE FOR 16-20 MINUTES, TURNING ONCE DURING COOKING. DEEP FRY AT 365°F FOR APPROXIMATELY 3-5 MINUTES OR UNTIL COOKED. POULTRY MUST REACH A MINIMUM INTERNAL TEMPERATURE OF 165°F (74°)