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### 3415601 Bacon Cheddar Griller - Stuffed Chicken Breast



#### INGREDIENT & NUTRITIONALS:

**Ingredients:** Chicken, Water, Soy Protein Concentrate, Salt.

**Filling:** Cheddar Cheese (Pasteurized Milk, Modified Milk Ingredients, Bacterial Culture, Salt, Colour, Calcium Chloride, Microbial Enzyme), Bacon Bits (bacon [cured with water, salt, sugar, sodium phosphate, sodium erythorbate, sodium nitrite] smoke flavour, smoke).

**Glaze:** Water, Corn Maltodextrin, Tomato Powder, Sugar, Salt, Soy Protein Concentrate, Granulated Garlic, Granulated Onion, Spices, Flavour, Citric Acid, Modified Corn Starch, Xanthan Gum.

#### COOKING INSTRUCTIONS:

**GRILL:** Preheat grill to medium heat. Lightly cover grill with vegetable oil and cook for 30-35mins, or until done. Turn only once half way through cooking.

**OVEN:** Preheat oven to 350°F(180°C).

Place chicken on baking sheet. Bake on middle oven rack for 35-40mins, or until done.

\*\*\*Cook from frozen

<b>Nutrition Facts</b>	
<b>Valeur nutritive</b>	
Per 1 piece (170 g) par 1 morceau (170 g)	
Amount Teneur	% Daily Value % valeur quotidienne
<b>Calories / Calories</b> 240	
<b>Fat / Lipides</b> 12 g	<b>18 %</b>
Saturated / saturés 5 g + Trans / trans 0.2 g	<b>26 %</b>
<b>Cholesterol / Cholestérol</b> 95 mg	<b>32 %</b>
<b>Sodium / Sodium</b> 770 mg	<b>32 %</b>
<b>Carbohydrate / Glucides</b> 3 g	<b>1 %</b>
Fibre / Fibres 1 g	<b>4 %</b>
Sugars / Sucres 1 g	
<b>Protein / Protéines</b> 30 g	
Vitamin A / Vitamine A	2 %
Vitamin C / Vitamine C	2 %
Calcium / Calcium	10 %
Iron / Fer	6 %